

2024

**Tackle Football
Equipment List**

White Helmet

Practice Football Pants

Shoulder Pads

Cleats: White, Black, Blue, Gold, or Gray

Socks: White, Black, Blue, Gold, or Gray

Mouthpiece

Practice Jersey

LYFA will supply the game jersey and game pants

Developing **WINNERS**

Lakeside Youth Football Association
P.O. Box 20634
Hot Springs, Arkansas 71903
Email : LYFA411@gmail.com
Phone : 501-276-6786